



# Printable **Brain Breaks** for you and your family

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# Physical activities



Ride your bike



Play basket



Go running



Play around



Enjoy music



Jump to get it



Bubbles!



Dance

# Musical activities



Classic music



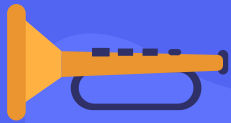
Jazz time!



Sing



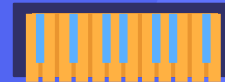
Practice guitar



Enjoy the sound



Relax and listen



Play it!



Follow the rhythm

# Games



Space games



Castle games



Use technology



Cart race



Kite time



Jump the rope

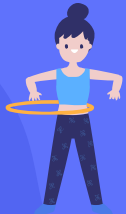


Bath games



Ball games

# Artistic activities



Gymnastics



Paint



Sculpture



Computer time



Dancing



Piano lessons



Singing



Aerobics

# Stretching



Dog



Hip extensions



Cobra



Lotus



Splits



Meditation



Fold forward



Warrior

# Find your selection in class



Flask



Lunch



Calculator



Bus



Scissors



Backpack



Ruler



Book

# Christmas crafts



Snow ball



Cane decor



Nutcracker decor



Surprise activity



Ornament painting



Filling socks



Singing songs



Angel decor

# Fruit tasting



Pear



Strawberries



Lemon



Watermelon



Apple



Banana



Cherries



Blueberries

# Summer in class



Build a station



Eat ice cream



Make your own



Swimming



Wear a hat



Change clothes



Build a castle



Drink lemonade

# Get ready for vacations



Get sunglasses



Make lemonade



Check options



Learn maps



Plan air balloon



Deco a hat



Check places



Know the compass

# Summer performance



Ice cream maker



Palm tree



Swimmer



Fruit client



Flamingo



People in vacation



Ice cream client



Fruit seller

# Winter style creation



Hat



Backpack



Sweater



Earmuff



Boots



Cup



Gloves



Scarf

# Creating personalized presents



Shirts



Shorts



Ice cream



Bags



Sunglasses



Hat



Pictures



Cream

# Snack time



Donuts



Cupcake



Pancakes



Eggs



Pie



Ice cream



Toasts



Cheese

# Clay animals



Fox



Rabbit



Squirrel



Wolf



Porcupine



Raccoon



Bear



Skunk

# Theater simulation



Popcorn snack



Sketch



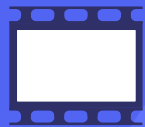
Stand up/move



Plan act



Create tickets



Watch videos



Recording



3D glasses

# Lunch selection



Hamburguer



Sushi



Hot dog



Soup



Corn dog



Ramen



Salad



Pasta

# Animal imitation



Chicken



Hamster



Squirrel



Porcupine



Bear



Lion



Sloth



Monkey

# Exercising meditation



Minute



Minutes



Minutes



Minutes



Minutes



Minutes



Minutes



Minutes

# Ice cream break



Mango



Vanilla



Strawberry



Chocolate



Kiwi



Cherry



Tutti frutti



Pistachio

# Book selection



Drama



History



Romance



Adventure



Classic



Comic



Mystery

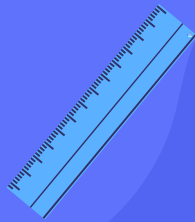


Fantasy

# Main tool to create



Pencil



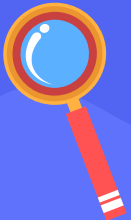
Ruler



Paper



Pen



Magnifying glass



Scissors



Rule squad



Color pencil

# Easter eggs decoration



Green



Red



Blue



Red



Yellow



Light blue



Green



Red

# Play with toys



Marbles



Surprise



Pyramide



Drums



Castle



Space



Balls

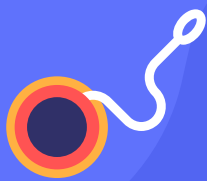


Trains

# Small contest with toys



Stuffed



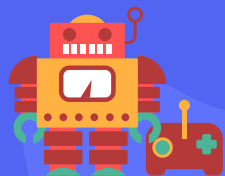
Yo-yo



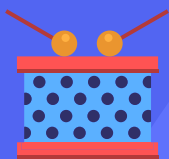
Puppets



Laser guns



Robots



Drums



Horse race



Build castles

# Puppet show



Dinosaurs



Farm animals



Christmas



Fantasy



Circus



Animals



Children



Duck Family

# Team games



Build castle



Build with bricks



Rock band



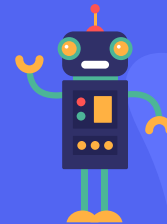
Play instruments



Electronic games



Jump the rope



Robot race



Build with blocks

# Imitate your transport



Airplane



Train



Rocket



Car



Boat



Cargo train



Horse ride



Truck

# Thank you!

Send your questions to

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